

# National Preparedness Month Open House Nights

*3 Plug & Play Open House Nights for September to Welcome New Scouts & Families to Your Pack*

## Cub Scout Pack Meeting 1:

Before the Meeting: prepare stations around the room. Identify leaders/parents to run the stations.

### Collect supplies for first aid kits:

- [Baggies](#)
- [Adhesive bandages](#) (6): \$14 (.02/ea or .12 total)
- [Butterfly bandages](#)
- [Triple antibiotic ointment](#) (1 small tube): 144 (.08/ea.)
- [Non-latex Disposable Gloves](#) (1 pair): \$10 or .20/pair for 50 pairs: or individually packed for .33/ea or
- 2 [Sterile gauze pads](#), 3-by-3-inch (2) \$10/100 .10/ea .30 total
- 1 [Medical Tape](#) (1 small roll) \$10 (.83/ea)
- [Hand Sanitizer Packets](#) (125 @ .11/ea) or 2 [Hand Sanitizer Wipes](#) (220 @ .09/ea)

Your Cub Scout first aid kit contents could also include items such as:

- [Moleskin](#), 3-by-6-inch (1) \$10 (.28/ea)
- [Alcohol wipes](#) (.07 ea.)
- [Safety pins](#)

### Prepare 6 Essentials Game:

White numbers 1-6 on paper lunch sacks. In each bag: place an example of one of the 6 essentials: small water bottle (mini 6oz work well), first aid kit, whistle (tape the mouth piece), trail food (small individual snack sized works well), small flashlight, small sun screen. Place a pile of game cards and pencils for the Cubs to reach into each bag and see if they can figure out which of the essentials is inside the bag and write the number of the bag on the square for each item.

[Game cards and practice phone to print](#)

**Gathering:** Draw a large map of the meeting space on a large piece of paper or posterboard. Mark several "X"s on the board. See if the cubs can follow the map to find a letter (tape them down). Make a word with the letters and see if the kids can figure out the message they have collected. You may want a small treat/prize for correct answers.

**Opening ceremony:** 911 Skit (and Safety Moment)

**Characters:**

- One older Cub Scout (a Webelos or Arrow of Light Scout) dressed in his full uniform with his neckerchief tied loosely like a cape.
- Six younger Cub Scouts (Tigers, Wolves, or Bears) with their den leader

**Setting:** *A den meeting teaching the younger Scouts about 911*

**Den leader:** “It is important to know when to dial 911. What do you know about 911?”

**Cub Scout 1:** “You only call it in an emergency.”

**Cub Scout 2:** “What is an emergency?”

**Older Cub Scout:** (Jumps on stage and stands with hands on hips like Superman) “Cub Scout to the rescue! You call 911 for emergencies you or your family can’t handle.” (Pretends to fly off the stage)

**Cub Scout 3:** “What kind of emergency can my family not handle?”

**Older Cub Scout:** (Jumps on stage and stands with hands on hips like Superman) “Cub Scout to the rescue! Like, your house smells like natural gas, or it is on fire. If someone is really hurt, not breathing, or needs an ambulance.” (Pretends to fly off the stage)

**Den leader:** “Wow that Cub Scout knows his stuff. What do you say to the 911 operator?”

**Cub Scout 4:** “I’m not supposed to talk to strangers.”

**Older Cub Scout:** (Jumps on stage and stands with hands on hips like Superman) “Cub Scout to the rescue! That’s true, but the 911 operator is there to help you. Go ahead and tell them your name.” (Pretends to fly off the stage)

**Cub Scout 5:** “Then I hang up, right?”

**Older Cub Scout:** (Jumps on stage and stands with hands on hips like Superman) “Cub Scout to the rescue! No, you tell them what the emergency is and where it is. It is a good idea to know your address if the emergency happens while you are at home so they know where to go.” (Pretends to fly off the stage)

**Cub Scout 6:** “Now I hang up?”

**Older Cub Scout:** (Jumps on stage and stands with hands on hips like Superman) “Cub Scout to the rescue! No, you will need to stay on the line until help arrives, speak clearly, and answer all the operator’s questions.” (Pretends to fly off the stage)

**Den leader:** “Super Scout is right! Dial 911 only for emergencies; tell the operator what the emergency is and where it is. Tell them your name, answer all their questions, and stay on the line until help arrives.”

**All:** “Scouting can teach us how to come to the rescue, just like Super Scout.”

**Cubmaster:** “Thank you! Will Den \_\_\_\_ come to the rescue and present the colors?”

*Conduct Opening Ceremony.*

**Activities: Rotate small groups or Dens around the room to the stations.**

**Station 1:** Cub Scout 6 essential game (see prep above)

**Station 2:** Assemble a first aid kit with the supplies above

**Station 3:** Fire!

Show what to do if your clothes are on fire. (Stop, drop, and roll.) Show what to do if your friend’s clothes are on fire. (Put a blanket over him.) Draw a plan of how to exit the pack meeting building in case of a fire. Make sure to decide with your den where to meet outside.

**Cubmaster Minute:** We are all here to learn about being prepared for anything to happen. Knowing how and when to dial 911, having the right supplies when we are out, following directions, and being ready to help when someone is in need is what Scouts is all about.

**Closing:** Closing Flag

## Cub Scout Pack Meeting 2:

**Preparation:** Gather items to demonstrate looking for hazards & assembling a family emergency kit below. Print out handouts.

**Gathering:** Have the kids fill out the address and phone number house page with their parents.

[Print page 3: House outline](#)

### Opening ceremony:

Does anyone know the Scouts, BSA motto? (Be Prepared) Does anyone know the Cub Scout Motto? (Do Your Best). Tonight, we are going to Do Our Best to Get Prepared!

Cubmaster: "Thank you! Will Den \_\_\_\_\_ present the colors?"

**Activities:** Rotate small groups or Dens around the room to the stations.

**Station 1:** Find the Hazards Directions: If you have enough space, you can set up a room with mock hazards that a Cub Scout would recognize as dangerous. Examples are an open knife on a counter, a blocked exit door, a lamp cord across a walkway, and/or an open flame. Be sure that none of the situations present any real hazards to Scouts. If you do not have enough space, you could use a magnet board or felt board with a room background. Have magnets or sticky-backed pictures of dangerous items for the Cub Scouts to take off the board to make the room safe.

**Station 2:** Emergency Kit Materials: A large box, items needed for an emergency kit, and miscellaneous items not needed in a kit, e.g., a teddy bear or bubble gum. You could use pictures of these items for the Cub Scouts if you don't have room for the physical items.

**Directions: Build an emergency kit.** Set out items on a table that should be in every family's emergency kit and other items that should not be. Choose the items that you would include in your kit. This is a basic kit. (Do not share this list with the Scouts until they are finished.)

- Water—one gallon of water per person per day for at least three days, for drinking and sanitation
- Food—at least a three-day supply of non-perishable food
- Battery-powered or hand-crank radio and a NOAA weather radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First-aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter in place
- Moist towelettes, garbage bags, and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities

- Manual can opener for food
- Local maps
- Cell Phone with charger, inverter, or solar charger

**Station 3: First Aid Materials:**

Bandages, wipes or bottled water and a basin to catch it in, blanket, small stool, and pillows, or pictures of each item

**Directions:**

**For Lions through Bears:**

- Show what to do if you have cut your finger: — Wash the cut. — Cover the cut. — Let an adult know.
- State your name and address as if you were on the phone with 911.

**For Webelos and Arrow of Light Scouts:**

- Show how to treat someone who is choking. (As long as a victim can speak, breathe, or cough, encourage them to continue coughing. If the victim shows signs of troubled breathing, apply abdominal thrusts until the object is dislodged.)
- Show how to treat someone who is in shock. (Shock is a normal reaction to many emergencies and is the process of the body shutting down the normal flow of blood on a temporary basis. To treat, ask the victim to lie down on their back and elevate their feet slightly. If they are conscious, get them to take some deep breaths and give them some water to sip. If they suffer from chills, offer them a blanket. If shock continues, seek medical attention.)

**Station 4:** Prepare for natural disasters:

[Prepare with Pedro - Disaster Preparedness Activity Book \(ready.gov\)](https://www.ready.gov/prepare-with-pedro)

**Cubmaster Minute:** Does anyone know why we want to be prepared? National Preparedness Month short presentation PLUS what does “Prepared. For Life” mean

**Closing:** Closing Flag

## Cub Scout Pack meeting 3:

Firehouse outing, Police Station outing, Fire truck visit, Ambulance visit, Police visit or maybe even a Community Emergency Response Team (CERT)

[Find your local CERT team](#)

### **Before the Meeting:**

You will need to reach out to your local police/fire/ambulance. See if you can arrange a visit/tour for your Pack. They may also send out a fire truck, ambulance, or police car for a presentation.

**Gathering:** Buddy system: talk to the kids about the rules for the buddy system. Who can be your buddy? Why do we need a buddy? What to do if your buddy gets hurt?

Want a buddy themed snack? [Amazon.com: Trail's Best Twin Beef and Cheese Packs - 1oz Each \(20 Count\)](#) : or RITZ Cheese Sandwich Crackers, 48 Snack Packs (6 Boxes, 6 Crackers Per Pack)

### **Opening ceremony:**

Cubmaster: National Preparedness Month short presentation PLUS what does "Prepared. For Life" mean

"Thank you! Will Den \_\_\_\_ present the colors?"

**Guest Presenter:** police/paramedic/firefighters.

If having a guest speaker, confirm the date, time, and amount of time allotted for the presentation.

Can you make a fire escape obstacle course? Feel the door, crawl through a tube, follow the wall, climb "out a window" (over a chair?)

Can you act out a mock natural disaster? How should the Cubs react? What should they do?

**Cubmaster Minute:** "Being a hero doesn't mean you must risk your own life. It can mean getting help, or making a phone call to 911 to get the police, fire department, or ambulance. The key is to use wisdom and judgment, but to do it quickly. Sometimes time is limited. You can save a drowning person by pulling them in with a life ring and not become a victim yourself by jumping in after them. Many times, an adult's life has been saved because a child knew to call 911 in an emergency and get help right away. You never know when or where emergencies will arise. Cub Scouting teaches us to come to the rescue and handle these situations. We don't expect to get hurt, and don't expect to need first aid, but we are prepared just in case. Do Your Best!"

**Closing:** Closing Flag

