

# FIRST CLASS HIKING SCOUT CHALLENGE

IF YOU ARE A SCOUT, HERE'S AN OPPORTUNITY TO WORK  
ON A FEW ADVANCEMENT REQUIREMENTS!

- Explain each of the principles of Tread lightly! And tell how you practiced them on a hike (see 1st class 1b)  
Demonstrate how to use a handheld GPS unit, GPS app on a smartphone, or other electronic navigation system.
- Use GPS to find your current location, a destination of your choice, and the route you will take to get there. Follow that route to arrive at your destination. (see 1st class 4b)
- Identify or show evidence of at least 10 kinds of native plants found in your local area. (see 1st class 5a)
- Identify two ways to obtain a weather forecast for an upcoming hike. Explain why weather forecasts are important when planning for a hike. (see 1st class 5b)
- Describe at least 3 natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take. (see 1st class 5c)
- Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions. (see 1st class 5d)
- Demonstrate bandages for a sprained ankle and for injuries to the head, the upper arm, and the collarbone. (see 1st class 7a)
- Show how to transport someone with a sprained ankle at least 25 yards by yourself and with a partner (see 1st class 7b)
- Explain how to obtain potable water in an emergency (see 1st class 7f)
- Participate in a service hike that involves trail clean-up or trash sweep. (see 1st class 9d)

